

Improving Wellbeing in Research:

The AURA
Working Well Together
Charter

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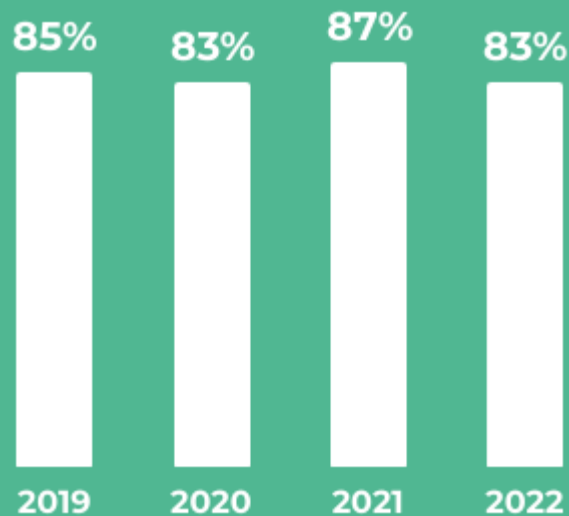


Why AURA created the Working Well Together Charter



The work we do is valuable, but can be stressful

% reporting poor mental health, including stress, in the past 12 months



Source: Opinium/MRS Workplace Mental Wellbeing Audits/research 2019-2022



A true cross industry collaboration



The 6 Core Principles of AURA's Working Well Together Charter



When we ask you for a proposal we'll respect your time



When we work with you we'll commit to open and honest conversations at all times



We'll leave you to do your best work by managing our side of things well



We'll treat you as an extended part of our team



We'll respect your right to disconnect



We'll commit to proper feedback



Ways to make a difference by supporting the Working Well Together Charter

GET THE CHARTER

READ THE REPORT

REGISTER YOUR SUPPORT AT [AURA.ORG.UK/WELLBEING](https://aura.org.uk/wellbeing)



Follow [AURA_Insight](https://www.linkedin.com/company/aura-insight) and [#WorkingWellTogether](https://twitter.com/WorkingWellTogether)



Introducing our panellists - who all helped develop the Charter



Nick Bonney

Founder

Deep Blue Thinking

Ex-AURA Member



Steven Darby

Research Manager

Leeds Building Society

AURA Director



Libby Eastwood

Insight Lead

UK Health Security Agency

AURA Member



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Let's Start #WorkingWellTogether!



Continue the conversation at the **AURA Stand 105**

aura.org.uk/wellbeing