# Measuring the unmeasurable

Real strategies for research impact

A Quirk's presentation by Daron Sharps, PhD July 2023











#### Hello, I'm Daron



Flow

#### **T**. Some things I have tried to measure

#### Case study: Owning Inspiration and follow-on research

#### **3.** My principles for pinning down

The best research touches on "squishy" concepts all the time

What is inspiration and how does it happen?

Why is positivity important for Pinterest?

In what ways can inspiration influence wellbeing?



# Case study: Inspiration



Pinterest's mission is to bring everyone the inspiration to create a life they love.

But prior to this research, we struggled with a cross-functional and measurable definition of inspiration







Expert interviews

Triangulating psychological, academic and social perspectives





inspiration stimuli





# Inspiration = Insight + Movement

Source: Firefish, US, DE, BR, JP, Owning Inspiration analysis, May 2021

#### Insight without Movement

#### Movement without Insight

Insight without movement is simply "entertainment, knowledge, or curiosity" Movement without insight is simply "doing or motivation"

#### The Inspiration Diamond



#### The Inspiration Diamond



Case study remix: Inspiration research agenda



# Why does inspiration matter?

# Inspiration is a fundamental human quality

#### It's how we grow and move forward as people

Inspiration awakens us to new possibilities by allowing us to transcend our ordinary experiences and limitations. - Scott Barry Kaufman, HBR

#### It's what helps culture to evolve

We have cumulative culture - we learn from each other. Inspiration is the driving motivation, in my view, that explains the evolution. I think inspiration is central to the innovation and dissemination of promising ideas. - Dr. Todd Thrash

## Inspiration has wellbeing benefits

Active engagement with inspiring content on Pinterest mitigates the effects of rising **burnout, stress, and social disconnectedness** among Gen Z Inspiration has a halo effect for brands

Research by Pinterest's Sydney Stanback  Pinterest is the most inspirational media environment, online OR offline

 Inspirational platforms drive brand demand

And inspiration can produce a more valuable media plan



# Can we measure inspiration?



# Principles for pinning down



# Cultivate curiosity



# Define your construct



# Consider a research agenda



# Go far and wide with RFPs



# Build on the thinking of others



## Get crossfunctional with it



# Use multimethod approaches



# Use multimethod approaches\*

\* But what about time and budget and bandwidth constraints? Fair. Are there ways to get scrappy with it?



## Iterate your frameworks



#### Key takeaways

1. Cultivate curiosity 2. Define your construct

3. Consider a research agenda

4. Get cross-functional with it 5. Go far and wide with RFPs 6. Build on the thinking of others

7. Use multi-method approaches

8. Iterate your frameworks

