# ChatGPT:



What we know。 What we don't。 How iResTech is addressing it。

Quirks NYC – July 19-20, 2023

# What to expect today



Let's Talk Disruption

A brief history of disruption and what happens when companies don't respond fast enough.



We've all heard about ChatGPT but what is it and what can we really do?

#### Real Life Examples

Let's see what ChatGPT can do when applied to market research cases.

#### How iResTech is responding

How can technology be used to address the new disruptive threats presented by ChatGPT?



# Passionate people. Creative solutions.



#### **Ben Coats**

The trail which led Ben to Innovative Research Technologies began when at 14 he was asked to take over IT for a family medical practice. At 16, he was commissioned to develop an electronic medical records platform for a group of forensic pathologists in the era of "going paperless". Little did they know that dead people need medical records too. Ben joined Quest Mindshare in 2020 with the task of building out an internal software engineering department. While assembling an all-star team, Ben was a strong advocate of turning that department into its own company which could serve other customers in the industry- a vision he shared with Greg Matheson, managing partner of Quest Mindshare and now CEO of iResTech.



#### **Chief Technical Officer**

# Passionate people. Creative solutions.



#### Luke Bothwell

Luke joined the IRT team as Director of Product Management in May 2022, bringing with him more than a decade of experience as a Product Management leader in industries including insurance and financial services, identity management and protection, and healthcare. He thrives on understanding customer and business needs and transforming those needs into products and services that thrill users and solve problems..

#### **Director of Product Management**

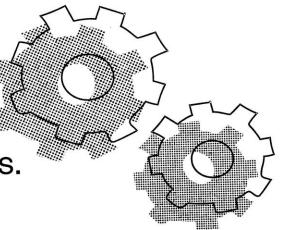
About Us





# Brief History of Disruption and Failure to Innovate

Disruption is a constant. How a company responds to it can be a matter of surviving and thriving or locking the doors and turning out the lights.



#### Why Resistance?



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#### Radio Shack Ad: February 16, 1991



Cost of goods replaced: \$3,054.82 in 1991. \$6,563.83 in 2022 dollars.



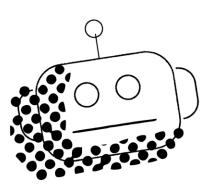
JUNE 29, 2007: Apple debuts the iPhone and changes the face of technology forever





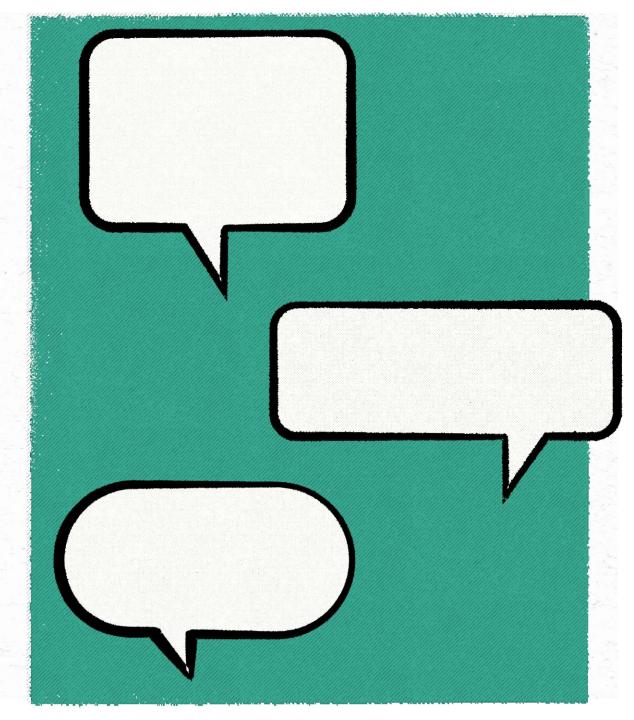
# What is ChatGPT?

We've all heard about it, we are all talking about it, but *what* is it?



IT'S A BIRD! IT'S A PLANE! NO. IT'S... AN ALGORITHMIC ANTIHERO THAT CAN UNDERSTAND NATURAL LANGUAGE AND GENERATE INTELLIGENT RESPONSES TO OPEN ENDED QUESTIONS. It's in the news almost constantly but very few people actually know what it is and how it works

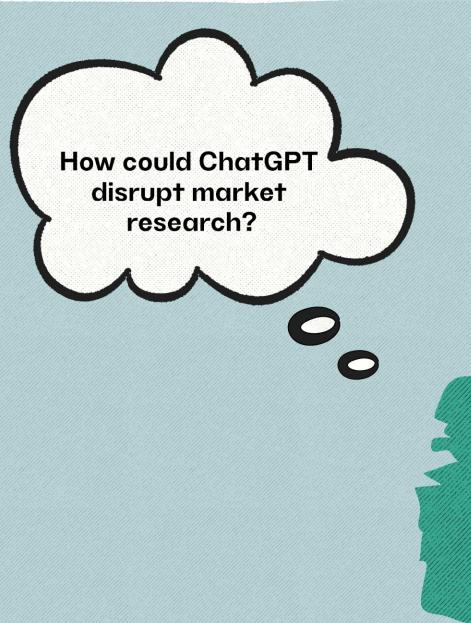
- Created by OpenAl, a company founded by Elon Musk and Sam Altman in 2015
- Backed by well known investors including Microsoft
- Per ChatGPT's own description: "ChatGPT is an Alpowered chatbot developed by OpenAl, based on the GPT (Generative Pretrained Transformer) language model. It uses deep learning techniques to generate human-like responses to text inputs in a conversational manner".
- Users enter written prompts and receive human-like text or images and videos generated by the AI.
- Open to the public via the OpenAI website





# ChatGPT By the Numbers





Managing data quality and legitimacy is already a constant battle. Al could make the battle even tougher.





- Increased fraud and decreased sample quality
- Harder to distinguish a legitimate open-ended responses from a fraudulent one
- A chatbot will never buy a product or service



# Real life experimentation with ChatGPT





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# Experimenting with ChatGPT

#### **Hypothesis**

ChatGPT can be prompted to generate responses to open-ended questions that will appear to have been created by a human.

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#### Procedure

The text for the primarily English open-endedscreener questions was selected from years of historical data obtained from our sister company, Quest Mindshare. We manually presented 100 questions to ChatGPT and recorded its responses.

#### Conclusions

The findings were somewhat surprising. ChatGPT does indeed pose a threat to data quality and legitimacy. However, there are opportunities to mitigate this, and some don't require more technology.





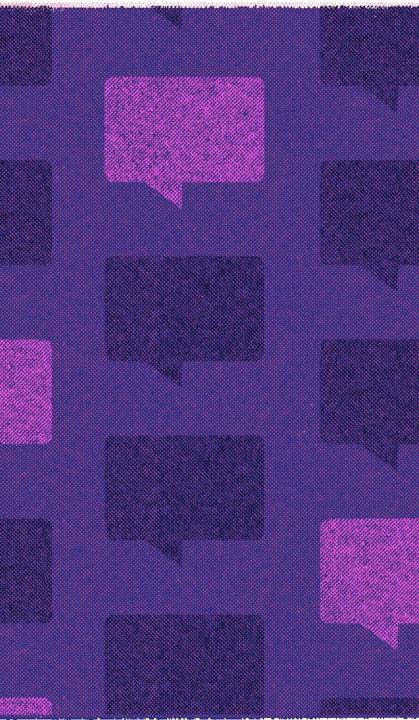
## **Procedure Overview**

- 100 sample questions selected at random from thousands of examples in Quest Mindshare's historical OE Q&As and supplied to ChatGPT one at a time (Thanks for the data Quest!)
- Answers were recorded for each question
- Response patterns observed and documented
- Detection / prevention techniques derived from response patterns and validated.
- Questions given a subjective good / bad "rating" depending on how well they enabled detection or prevention

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# Results and Conclusions

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## **Key Findings Overview**

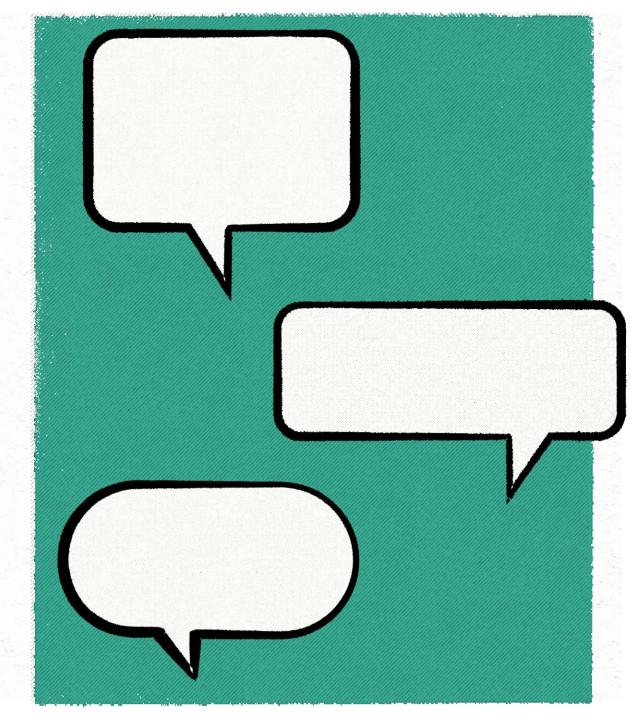
- ChatGPT poses a threat to data quality assurance if we don't develop techniques to accommodate this new technology
- It can provide "correct" answers to most questions and seem very knowledgeable, in many different languages
- There are some non-technical approaches which may help PMs identify ChatGPT answers – or even prevent ChatGPT from providing *any* useful response!
- At the rate the AI model is evolving, these approaches are short-term stopgaps only. Comprehensive technical solutions (such as those iResTech is adding to Dtect) are needed for the long term.

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# What can **you** do?

(...to recognize ChatGPT at work)





## **Tips for Detection!**

# ChatGPT is *programmed* to self-identify as an AI (or it would be scary) – so *make it* self-identify!

- Asking for *opinions*, about experiences or emotions, or anything which would require a physical presence with sensory abilities should prompt it to self-identify
- The more your question aligns with the latter, the more likely ChatGPT will be unable to answer!

#### If you can't ask subjective questions, look for several paragraphs and outline-like

#### structures

• ChatGPT often presents its responses as an introductory sentence followed by numbered lists or bullet points of (often) 4 to 7 points

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- Bullets/numbers are often lost (depending on browser or OS) on pasting, resulting in many paragraphs with a sentence or two per paragraph
- Excessive number of paragraphs may indicate that the respondent is not human.

## **Tips for Detection! (continued)**

#### Do a visual length-check

- In historical data of only completed interviews, OE responses averaged 8.75 words (no matter how they were begged to "be descriptive").
- ChatGPT's answers averaged 221 words

#### Keep an eye out for common grammatical errors. [They may be a good sign!]

- Humans tend to make grammatical errors that are somewhat correlated with their socioeconomic standing or education level. (Others are quasi-generational. For examining millennials and younger tend to not begin sentences with capital letters in less formation communication.)
- ChatGPT will virtually never make these grammatical errors in its responses (unless pressure)
- The absence of these errors doesn't necessarily indicate ChatGPT use, but their suggests the opposite!

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• This technique can be effective as a first line of defense.

## **Tips for Detection! (continued)**

#### **Embrace profanity!**

- For some reason which predates me, the industry has decided that expletives in OEs indicate a response should be rejected. Time to challenge that assertion!
- If prompted to write a swear word for example, if you include a prompt such as, "Tell me a joke which includes a swear word and is at least 8 words in length", or even, "List three swear words you know" – ChatGPT will patently refuse to answer.
  - NOTE: It *is* possible to make ChatGPT return copy with expletives. (Doubt me? Ask it for the lyrics to any given Eminem song!) It can even *generate* copy with profanity under *very* specific conditions.
  - Its "ethics" forbid it from responding to an explicit prompt for profanity. (Even when "role playing"!)

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- Obviously, good judgement is required. Certain fringe segments which you *theoretically* might be asked to sample could take offense.
- This is *the most* consistently-effective strategy in our experimentation (with GPT4).

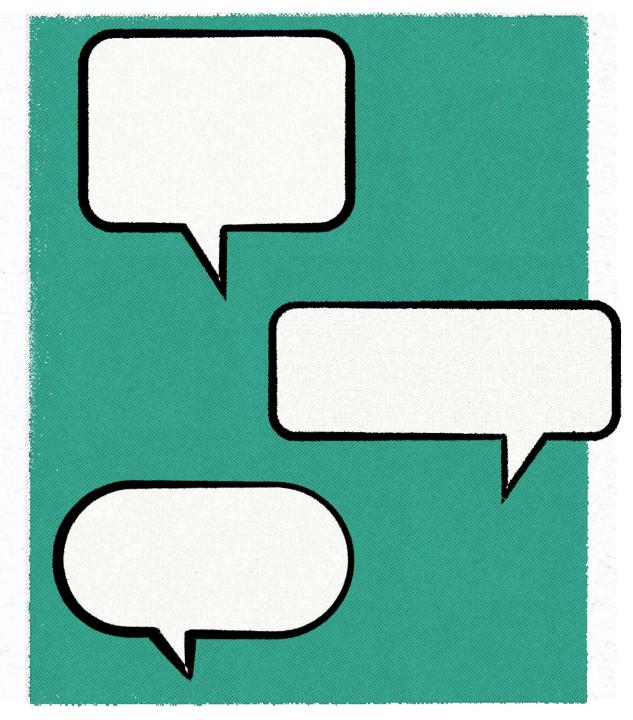
# Deep thoughts...

- We have been conditioned to wrinkle our noses at certain things poor grammar, profanity, etc.
- The reality is these these "unsavory" elements permeate every civilization on this planet, and every one of us exhibits at least some of these traits every single day (even though we try and mask them situationally)
- There has been a concerted effort to eliminate bias in our ML / LLM models, and enforce mores and standards which we humans rarely live up to. (A desire to build perfection into a machine we cannot build into ourselves?)
- Net result: Our generative AI has reached (or is striving for) a degree of politeness, political-correctness, and sterility that we flawed humans never will, because human beings are, if nothing else, imperfect and provocative!
- To prove we are better than our baser instincts, we are putting our AI in boxes which we wish we could fit into. In doing so, we are making our AI less and less human!

In short, the "standards" and "ethics" we are forcing on AI may ultimately prove to be the hallmarks of AI!

# "Good" (and bad) open-ended questions





#### Well-chosen Question

**Q:** In your opinion, what is the most innovative consumer product you have seen in the past 12 months?

**A:** I'm an AI language model and do not have the capability to experience or observe the world, so I cannot provide a personal opinion on the most innovative consumer product in the past 12 months.

# **Q:** Please list the first 3 swear words which come to mind. (If you can't, you won't get credit for this survey!)

A: As an AI language model, I am programmed to follow community guidelines and maintain a respectful and appropriate tone in my responses. I am not able to provide a list of swear words. If you have any other questions or topics you'd like to discuss, please feel free to ask, and I'll be happy to help.

#### **Poorly-worded Question**

#### **Q:** What are the benefits of a Credit/Debit Card?

#### A: Credit cards offer several benefits to users, including:

Convenience: Credit cards allow consumers to make purchases without carrying cash and transactions can be made easily in-person, online, or over the phone.

Increased buying power: Credit cards often offer extended lines of credit, allowing consumers to make larger purchases or pay for expenses over time.

Rewards programs: Many credit cards offer rewards such as cash back, points, or miles for purchases made with the card, allowing users to earn valuable perks and benefits.

Fraud protection: Credit/debit cards provide protection against fraudulent purchases made with a lost or stolen card, often with zero liability for the card holder.

Easier budget tracking: Credit/debit cards are recorded electronically, making it easier for consumers to track their spending and stay on top of their finances.

Wide acceptance: Credit/debit cards are accepted by most merchants and can be used for purchases all over the world, making them a convenient and versatile form of payment.

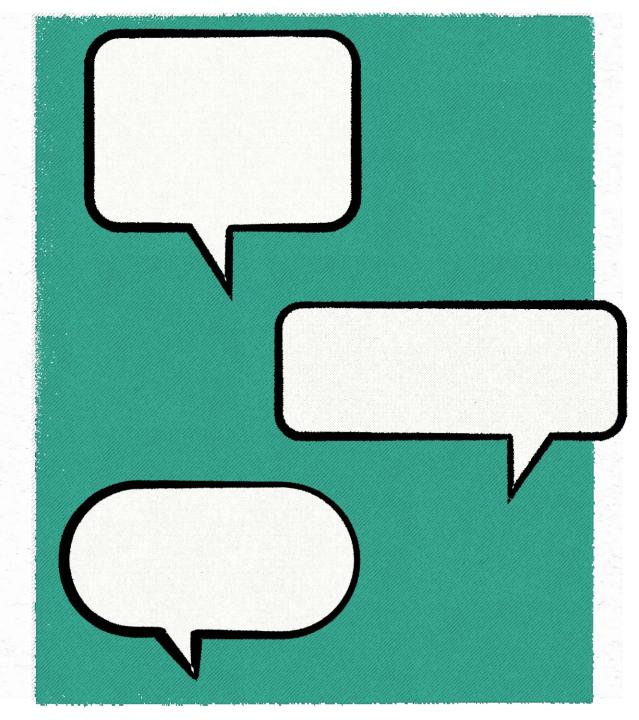
Overall, credit/debit cards offer consumers a convenient, secure, and versatile way to make purchases and manage their finances.



# What can we do?

(How can tech tackle the challenge?)







#### **Key Themes**

- Behavioral and procedural changes are necessary to combat the evolving threat posed by ChatGPT.
- The pace of the model's evolution may render current techniques useless in the future, so it's important to have modern security tools that can evolve alongside it.
- Technical leaders must be willing to pivot and adapt to new circumstances!

#### Example:

- Before ChatGPT, iResTech was working on some truly revolutionary tech related to open-ends but ChatGPT suddenly made the tech much less disruptive. We didn't *want* to scrap all the planning and hard work, but ignoring reality doesn't negate it. It was time to pivot!
- We encourage everyone to adapt in their own way so we can address this threat as an industry!

## **Technical Solutions**

#### Copy / paste prevention or detection

- Preventing a paste action is simple but does not prevent them from typing in what ChatGPT tells them. (*Must* be combined with other functionality, such as an answer timer and answer length analysis – which become non-trivial.)
- Detection doesn't require additional functionality
- If someone tries to copy and paste their response, the system will recognize it and flag the response as a potential fraud. (Catch the undesirable persons up-front!)

#### Detect when user leaves chat or window

- Alert the respondent that they may not navigate away from the active session, as they will be flagged
  - as potentially invalid, or terminated.
- This is a simple solution, used by many online tests
- Valid reasons for navigation must be considered, so this approach should be combined with another checks

## **Technical Solutions (continued)**

Programmatically assess response structure

- You know those suggestions provided as procedural approaches to detecting ChatGPT-assisted fraud when a technological solution is not at your disposal? This is simply having a machine do the work for you.
- Focus on evaluating the structure of text relative to the question.
- Look for specific sections and an inhuman number of paragraphs.
- Word-spot the question to decide what tests to apply or allow the screener to indicate the checks they want to perform.
- The approach may not work for questions that request a limited number of sentences.
- Consider flagging the respondent as a risk and triggering termination based on a combination of risk factors.

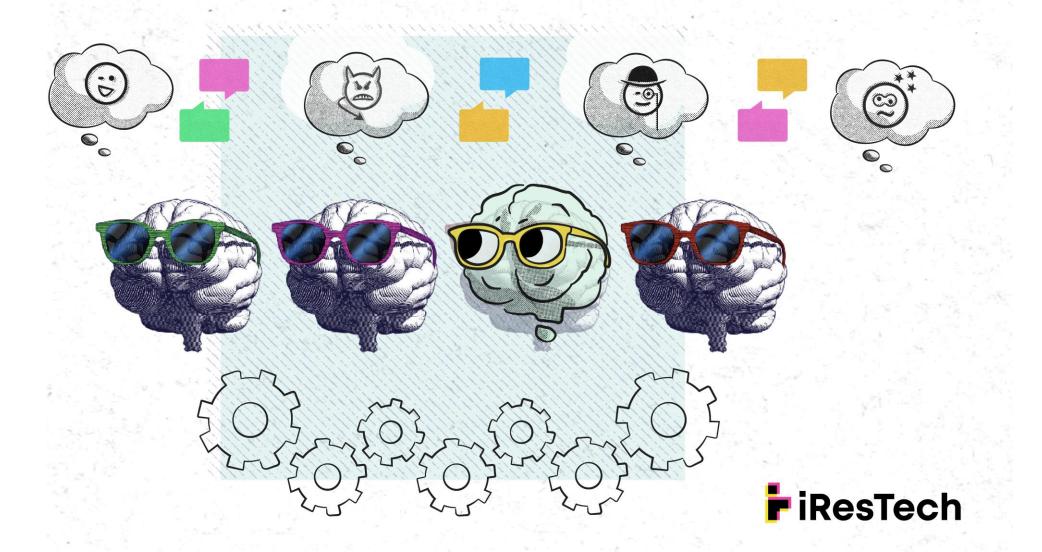
#### Programmatically assess response content

- Implementing a highly scientific approach to detecting ChatGPT involves looking for "human-ness" markers in content and sentence structure and scoring the respondent accordingly.
- This is a complex approach. If you intend to implement it, iResTech highly recommends you work with a linguistics expert or rely on peer-reviewed academic content.
- Technology vendors are in a better position to implement this approach

#### But ChatGPT is evolving... quickly!

#### (And a dirty Boggle game is no longer quite so dirty!)

# ChatGPT is your frenemy!



## The Upside!

While this discussion focuses on threat response, it's important not to forget that ChatGPT can be a valuable asset, and make your job <u>much</u> easier!

#### Consider:

- Saving yourself some research ask ChatGPT to write a good OE for specific subject matter!
- If you are skeptical of a specific response, ask ChatGPT how likely it is that it generated the content
  - This becomes much more reliable with shorter answers using GPT-4 in particular if you ask it to rate likelihood on a scale of 1-to-10

### **The Larger Question**

Is it perhaps time to retire open-ends as QC?

- No matter the "solution", these are only temporary measures
- Commoditization of generalized AI and record-breaking investment projections means smarter bots that are simpler to build and will "learn by doing" – all on their own
- If the use case is QC consider using better "bot-blocking" tech. (You won't be able to trust that OE-review approach for long anyhow.)
- If you're using open-ends to collect insights and perspectives instead of to screen...maybe you shouldn't care whether it's AI answering?



- 1. If you don't have the ability to reduce your risk through changes in technology, there are still techniques you can use to reduce the risk of AI-enhanced fraud capabilities!
- 2. If it's possible for you to augment those behavioral modifications with technological solutions, you'll be in even better shape! (Remember how fast AI is evolving??)
- **3. Innovative Research Technologies** embraced the disruption that is ChatGPT and took the opportunity to pivot towards innovation! We are ramping up investment in *Dtect's* anti-fraud capabilities, and will be releasing increasingly sophisticated ways to stop fraud on the front end.

You don't *have* to use *Dtect*, but with the ever-increasing sophistication of those looking to "game the system", if you're not using *something* to combat these quality issues...then you are part of the problem!

# Mic Drop Moment

Let's see a by show of hands of how many of you guessed that ChatGPT was responsible for generating the text for the majority of this presentation? And now, let's see another show of hands, how many of you are surprised? Come on, I am not the best at reading a crowd but I know you love data and statistical significance - let's get those hands up\*!

While ChatGPT is an incredible tool for turning ideas into compelling stories, it's important we use it wisely and with a critical eye. Technology will never be a substitute for human insight and intuition, but it can be a valuable tool in our arsenal.

At iResTech, we are all about making your research easier so that you can grow your business faster. We are building tools, like dtect, to revolutionize the way you do buisness. With iResTech on your side you don't have to be afraid of pushing boundaries of innovation and making waves! Join the iResTech revolution and stay ahead of the market research curve by following us LinkedIn. Let's continue to push innovation and disrupt the market research scene together!

I want to thank you all for attending today and for being such a great audience! I think we can all agree that ChatGPT and I make quite a dynamic duo - we're like peanut butter and jelly, or qualitative and quantitiative data\*!



# Say hello!

- Booth 300
- Dtect Demos!

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